Date: _____ **Site/Project:** _____

Presented By: _____ **Duration:** _____

WHY THIS MATTERS

> Personal Protective Equipment is your last line of defence. PPE does not remove the hazard — it reduces the consequences if something goes wrong. Wearing the right PPE correctly can be the difference between a near miss and a serious injury.

KEY POINTS

- Hard hat (EN 397) — mandatory on all active construction sites; replace after any impact
- Hi-vis vest/jacket (EN 471 Class 2 minimum) — mandatory whenever mobile plant is operating
- Safety boots (EN 345 S3) — steel toe and midsole protection; keep laces tied properly
- Gloves (EN 388) — select the correct type for the task (cut-resistant, chemical, etc.)
- Eye protection (EN 166) — mandatory when grinding, cutting, drilling, or using chemicals
- Hearing protection — mandatory in designated noise zones (above 85 dB)
- Respiratory protection (FFP2 minimum) — required for dust, silica, or fume exposure
- Check PPE before every use — damaged PPE does not protect you

WHEN TO REPLACE PPE

- Hard hats: every 3-5 years or immediately after any impact
- Hi-vis: when faded, torn, or no longer clearly visible
- Boots: when soles are worn, stitching is damaged, or toe cap is exposed
- Gloves: when cut, torn, or contaminated with chemicals
- Ear defenders: when seals are cracked, compressed, or no longer fit snugly

Discussion Questions:

1. Is all your PPE in good condition? When did you last check it?
2. Do you know where replacement PPE is kept on this site?
3. What additional PPE might be needed for your specific tasks today?

#	Name	Company	Signature	Date

Duration: 10-15 minutes | Record attendance on Toolbox Talk Register